

# OCTOBER | 2023

## Bark River Harris School Lunch Menu



### MONDAY

### TUESDAY

### WEDNESDAY

### THURSDAY

### FRIDAY

<b>2</b> Lasagna Roll-ups Corn Pudding Strawberry Cup Milk	<b>3</b> Corn Dog Potato Rounds Baked Beans Grapes Milk	<b>4</b> Grilled Chicken Sandwich Coleslaw Pear Milk	<b>5</b> Meatballs/Gravy Mashed Potatoes Dinner Roll Cottage Cheese Carrots Mandarin Oranges Milk	<b>6</b> Boscos Lettuce Salad Marinara Sauce Apple Slices Fruit Milk
<b>9</b> Taco Salad (Chips, Meat, Cheese) Yogurt Refried Beans Apple Milk	<b>10</b> Tangerine Chicken Rice Fortune Cookie Pudding Carrot Pineapple Milk	<b>11</b> Mac & Cheese Chicken Sticks Cauliflower Applesauce Milk	<b>12</b> Pizza Lettuce Salad Slushie Cup Fruit Snack Milk	<b>13</b> No School Teacher In Service
<b>16</b> Pizza Lunchable Carrots Orange Milk	<b>17</b> Chicken Nuggets Potato Rounds Blueberry Loaf Baked Beans Peaches Milk	<b>18</b> Sloppy Joes String Cheese Coleslaw Strawberry Cup Milk	<b>19</b> Honey BBQ Ribs Mashed Potatoes Dinner Roll Peas Craisins Milk	<b>20</b> Bosco Marinara Sauce Lettuce Salad Apple Slices Fruit Milk
<b>23</b> Walking Tacos Yogurt Black Beans Strawberry Cup Milk	<b>24</b> General Tso Chicken Rice Fortune Cookie Pudding Carrot Pineapple Milk	<b>25</b> Meatball Sub Coleslaw Pear Milk	<b>26</b> Chicken Tenders Mashed Potatoes Banana Loaf Corn Raisins Milk	<b>27</b> Early Dismissal 11:34 Grandparents Day End of Marking Period
<b>30</b> Calzone Cheesy Tots Green Beans Apple Milk	<b>31</b> Sub Carrots Grapes Milk	<b>1</b>	<b>2</b>	<b>3</b>

### **News**

October 13<sup>th</sup>  
 No School  
 Teacher In Service

October 27<sup>th</sup>  
 Early Dismissal  
 11:34  
 Grandparents Day

Menu Subject To  
 Change Without  
 Notice

Breakfast and Lunch  
 is Free to all students  
 for the 2023-24 school  
 year.

Please remember to  
 return your Education  
 Benefits Forms

USDA is an equal  
 opportunity employer  
 and provider.